



Health and Human Services

Texas Council on Cardiovascular Disease and Stroke

August 11, 2025

This summary contains supplemental information from reliable sources where that information provides clarity to the issues being discussed. Power Point tables used in the presentations may also be used in this summary. Names of individuals may be misspelled but every attempt has been made to ensure accuracy. Tables and Text have been used from executive and legislative agencies and departments' presentations and publications.





[Texas Council on Cardiovascular Disease and Stroke](#) conducts health education, public awareness and community outreach; improves access to treatment; coordinates activities among state agencies; and develops a database of recommendations for treatment and care.

The Texas Legislature established the [Texas Health and Safety Code, Chapter 93](#) to create the Texas Council on Cardiovascular Disease and Stroke (TCCVDS) in 1999. In 2007, Legislature amended the [Title 25, Health Services, Part 15, Rule §1051.1](#) to establish the conduction of meetings. The Council addresses heart disease and stroke — two of the leading causes of death for Texans. The Council advises the legislature on legislation that is needed to develop further and maintain a statewide system of quality education services for all persons with cardiovascular disease or stroke.

The TCCVDS is required to develop an effective and resource efficient plan to reduce morbidity, mortality, and economic burden of cardiovascular disease and stroke in Texas. Work in the state plan's priority areas depends on the Legislature's continued funding and support.

Activities of the Council include:

- developing an effective and resource-efficient plan,
- conducting health education, public awareness, and community outreach,
- improving access to treatment,
- coordinating activities among agencies within the state,
- developing a database of recommendations for treatment and care, and
- collecting and analyzing information related to CVD.

Members:

Name	City	Membership Category
Stanley M. Duchman, MD	Houston	Licensed Physician in Cardiology
Janet (Hall) Hewlett, RD, LD	Georgetown	Licensed Dietitian
Alberto Maud, M.D.	El Paso	Stroke Specialist
Chair Suzanne Hildebrand	Live Oak	Chair/Public Member
Vice-Chair Oscar M. Aguilar, Jr, M.D, MPH, FACC, FAHA	El Paso	Licensed Physician in Primary Care



Name	City	Membership Category
		Public Health, Policy and Research
Elie Balesh, MD	Houston	Consumer Member
		Registered Nurse
Lourdes Cuellar	Houston	Consumer Member
Remmy Morris	Round Rock	Public Member
E'Loria Simon-Campbell, PhD	Houston	Public Health Policy, Research Practice Member

1. Call to order, welcome, introductions, roll call, and opening remarks. The meeting was convened by the Chair, Suzanne Hildebrand.

2. Consideration of May 12, 2025, draft meeting minutes. The minutes were approved as written.

3. Consideration of officer election procedure and election of vice-chair. The council moved to elect a vice-chair, with prior election procedures already adopted. Dr. Alberto Maud was the sole nominee and was unanimously chosen as vice-chair.

4. Consideration of the Proposal Rule Packet for proposed amendments to Texas Administrative Code, Title 25, Part 15, Rule §1051, Conduct of Council Meetings ([SECTION 1051.1. Conduct of Meetings, CHAPTER 1051. RULES, PART 15. COUNCIL ON CARDIOVASCULAR DISEASE AND STROKE, TITLE 25. HEALTH SERVICES, Texas Administrative Code](#)). Rachel Wiseman (DSHS) explained the review and voting process for the proposed rule packet (amendments to Texas Administrative Code Title 25), previously emailed to members (***but not made available to the public***). The packet included proposed rules, plain-language summary, preamble, fiscal forms, and notification forms. Members could approve as presented or recommend changes; if amended, a revised packet would be brought to a future meeting.

MOTION: Adopt the rule packet as presented prevailed



5. Agency representative reports.

DSHS—No update

Texas Health and Human Services Commission (HHSC)--

- Next newsletter set for August 15, 2025; requests for partner resources and distribution list additions invited.
- Seeking FQHCs and clinics in Dallas, Harris, or Jefferson counties interested in BP initiatives.
- Received CDC grant award for year three of the National Cardiovascular Health Program.

Chelsea Couch (HHSC): Provided updates on Aging Texas Well strategic plan, a new grant to enhance Texas' No Wrong Door system, and recent family caregiving initiatives involving UT Business School students and Area Agencies on Aging.

Texas Workforce Commission—No update provided

6. Liaison reports. Tabled

~~American Heart/American Stroke Association~~

~~Office of Acquired Brain Injury~~

~~Governor's Emergency Medical Services (EMS) and Trauma Advisory Council (GETAC)~~

~~GETAC Cardiac Care Committee~~

~~GETAC Stroke Committee~~

7. Plan for 2025 Stroke Survivors and Caregivers Conference.

No report

8. Review of action items and agenda items for next meeting.

Presentation on the Quit line will be presented at the November 17, 2025 meeting.



9. Discussion of meeting day. Discussion on future agenda topics was opened, with submissions welcomed via email. Meeting schedule: consensus was to move meetings to Fridays at 1:00 PM starting in 2026. Next meeting is Nov 17, 2025 (Monday at 1:30 PM); future meeting placeholders to be sent.

MOTION to change the meeting day to Friday starting in 2026 prevailed.

10. Upcoming meeting dates. November 17, 2025.

11. Public comment. No public comment was offered.

12. Adjourn. There being no further business, the meeting was adjourned.

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